

# Middlesex Elementary School Newsletter

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## Upcoming Events!

- ◆ 12/8-PTO Holiday Program—Grade 1 performing along with fourth and fifth grade choir!
- ◆ 12/13-Progress reports issued
- ◆ 12/14-Principals' Coffee—8:30 a.m.
- ◆ 12/16-Dress Wacky day—wear red, green, white, and blue!
- ◆ 12/20- 1 p.m. dismissal and Pajama day!
- ◆ 12/21-1/3-NO SCHOOL for students.
- ◆ 1/4/12-Students return to school! Happy New Year!

## Principals' News and Reminders



Do you know a four year old that is not currently in pre-school? We have four spots available at MES. Please call the office for information 758-2496.

K-Kids are sponsoring a "Toil-e-tree" this year! Please bring in *new toothbrushes, toothpaste, deodorant, shampoo, soap, and other toiletry items* and place them on and around the tree in the office. We are doing this in lieu of an Angel tree this year. All donations collected will be split between Hands Across Middlesex and the Laurel Shelter (a shelter for victims of domestic violence in Gloucester).

### **\*\*Important-PLEASE READ!\*\***

Due to the number of students at our school, it is critical that **if your child has a change in schedule, that the school is notified PRIOR to 2:30 p.m.** This allows the office staff time to write bus or pick-up notes and have them sent to your child's teacher. Any call that comes in after 2:30, makes it extremely difficult to get children on the correct buses. PLEASE help us!!

*Mrs. Duke and Mrs. Stamm ©*

## Nurse's Nook

Everyone has heard about the importance eating a healthy breakfast, but do you know why? It has been proven that children who eat breakfast perform better academically. Breakfast provides a fourth of the nutrients that are recommended dietary allowances. Children may actually display physical signs & symptoms related to hunger. These symptoms may include; stomach pain, headaches, muscle fatigue, sleepiness, anxiety, nervousness, anger, fidgety, confusion, & unhappiness.

*Nurse Haley Cardwell*



### Reminders and Tidbits:

- *Thank you for your cooperation in not picking up your children early from school! What a difference it has made for our students!*
- *Please note our new traffic signs in the parking lot. We want all children and parents to be safe!*
- *Send in a note (from you or the doctor) anytime your child is absent.*

*Please keep your child active during the winter season! Take a nice walk together or play outside. Remember your child has a monthly fitness calendar to fill out for P.E.*

*Also, please remember to send your child to school with a jacket and a hat and gloves when it's cold. Unless it's super windy, frigid, or raining, students will go outside for recess each day! ☺*





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## Hometown Heroes!

MES is celebrating our Hometown Heroes this year! Our staff nominated **Linda Cryer** for her contributions to our school and community! If you'd like to nominate someone for this honor, please call or email the office! Thanks Linda for all that you do to make Middlesex County a better place!



From Linda Cryer: I am most proud of my children and the wonderful, caring people they have become. I am also so thankful that I was able to have the 'job' of being a foster parent to over 50 children. Our home was a safe and fun place and something I will always treasure. Please remember, success is getting what you want; happiness is wanting what you have.

## Fundraising

If you have not picked up your fundraiser, please stop by the school and get it.

Look for a Little Caesars pizza kit ordering form in January—in time to order for Super Bowl!!

### Principals' Coffee~Muffins for Moms and Danishes for Dads!

Our second Coffee was a great success and we were so happy to have the Moms, Dads, grandparents, and community tutors come and contribute to the greatness of MES! Even more changes have occurred as a result of this meeting (i.e. traffic signs in the parking lot)! **Remember our mission: Make MES the best elementary school in the region!**

Our next meeting will be **Wednesday, December 14<sup>th</sup> at 8:30 a.m.** We are trying an earlier time! Please plan to attend and bring a friend!

### Here's a Fun Winter Activity: Bake Something Yummy!

What is it about the smell of something baking that makes the whole house so cozy, especially on a cold winter's day? Whether it's bread, muffins, or cookies, made from scratch or from your favorite mix, baking goodies in the oven can be one of the best winter activities for families. Grade-school age children are old enough to help measure and mix, and can be proud of their contribution when it's time to enjoy what they helped make.

*"Children are great imitators. So give them something great to imitate."*

*~Anonymous*



